



AMWELL VIEW SCHOOL & SPECIALIST SPORTS COLLEGE

MULTI CHOICE MENU – Week 1

October Half term till Easter 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb Bolognese	Jerk Chicken	Roast Pork or Roast Lamb	Fish Pie	Sausages
Sweet Potato Wedges Spaghetti Pasta	Potato Balls Rice Pasta	Roast Potatoes Pasta	Diced Potatoes Pasta	Chips Pasta
Butternut Squash, Goats Cheese, & Beetroot Burger	Monterey Jack Cheese & Onion Goujons	Ratatouille Bake	Cheese & Potato Boats	Pizza
Sweet Potato Wedges Spaghetti Pasta	Potato Balls Rice Pasta	Roast Potatoes Pasta	Diced Potatoes Pasta	Chips Pasta
Green Beans Sweetcorn	Swede Broccoli	Cabbage Parsnips	Carrots Macédoine of Veg	Baked Beans Mushy Peas
Angel Delight	Chocolate Brick Wall Chocolate Custard	Golden Krispy	Rice Pudding	Ice Cream Tubs
Jam Sponge Custard	Sponge Custard	Lemon Sponge Custard	Sponge Custard	Sponge Custard

Freshly baked bread, vegetables and salads available daily
Jelly with biscuit, fresh fruit and yoghurt available daily