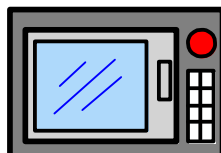
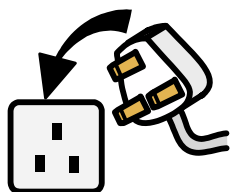
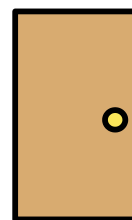
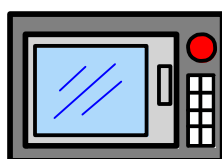
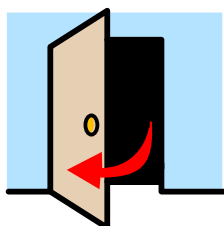


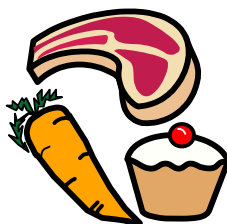
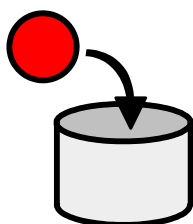
Microwave   recipe



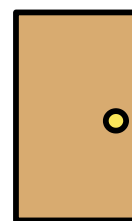
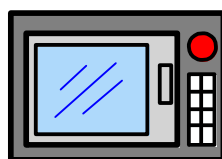
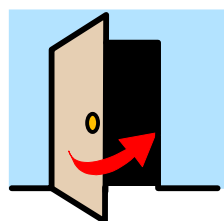
Plug in   microwave



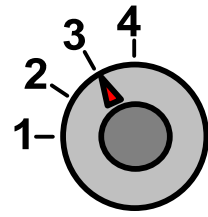
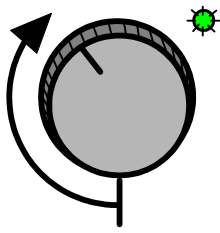
Open   microwave   door



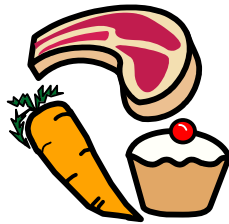
Put in   food



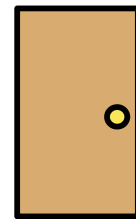
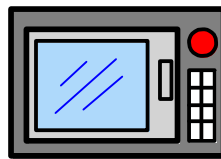
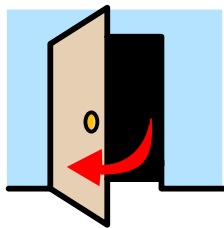
Close   microwave   door



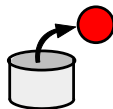
Turn on by turning dial



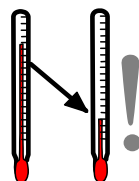
Wait for food to cook



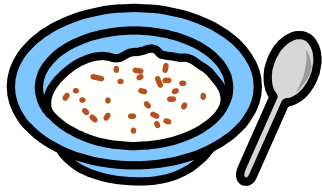
Open microwave door



Wearing oven gloves take out the food and carry to table



When it is cooler, eat the food



rice pudding



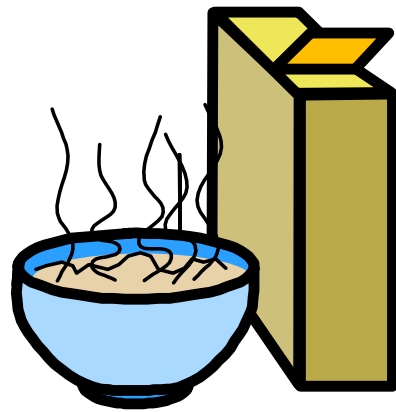
popcorn



bananas and



custard



porridge



cake