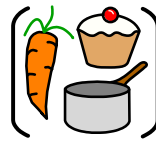




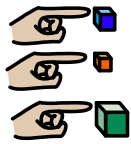
Amwell View School



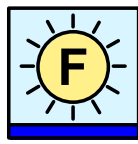
Food Technology



challenge



Each



Friday



I

will



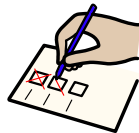
set

a



challenge

for

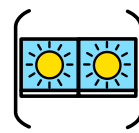


you to

complete

over the

weekend.



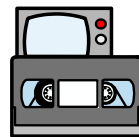
Email

your



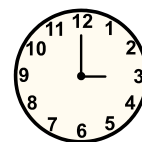
photos

or



videos

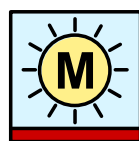
to



hannah.palfreman@amwell.herts.sch.uk by

3pm

on

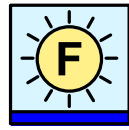


Monday

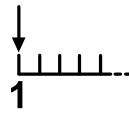
to



enter.



Friday



1st



May



Peeling

-



who

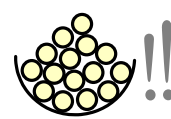


can



peel

the



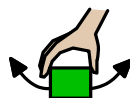
most



fruit



or vegetables



using

a



peeler

or your



hands?



Use



any



fruit

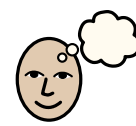
or



vegetable



you can



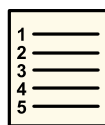
think

of!



I

have

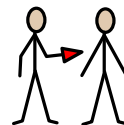


listed



some

but



you



might



think



of

more



creative



fruit

or

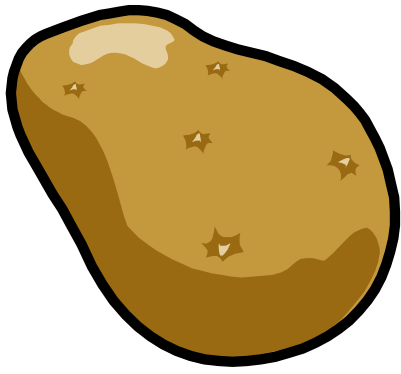


vegetables

to



peel!

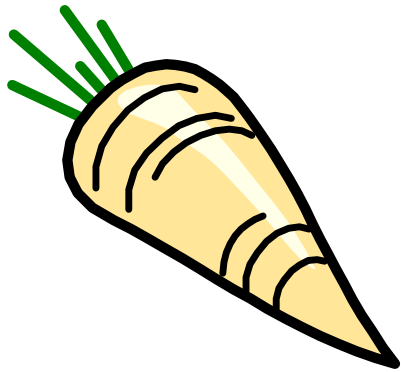


potato

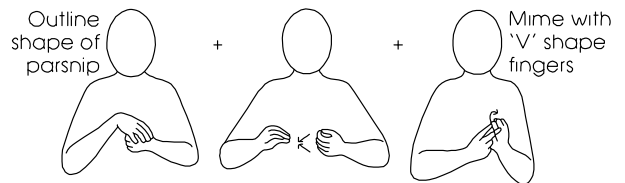


Mime
peeling potato

potato



parsnip



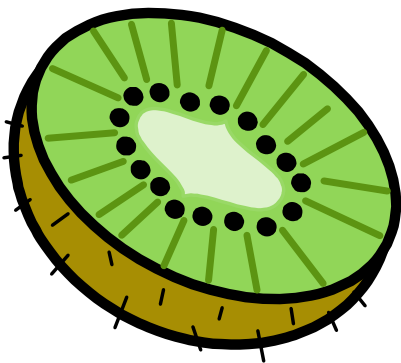
Outline
shape of
parsnip

+

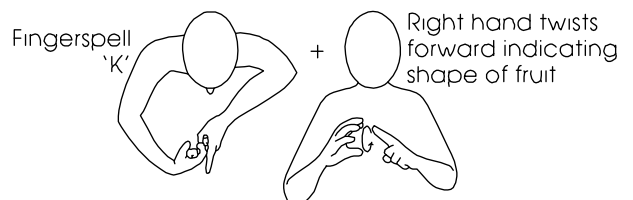
+

Mime with
'V' shape
fingers

parsnip



kiwi

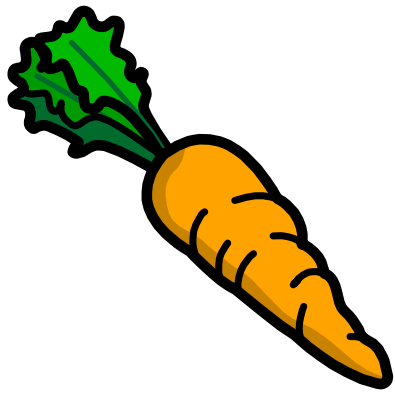


Fingerspell
'K'

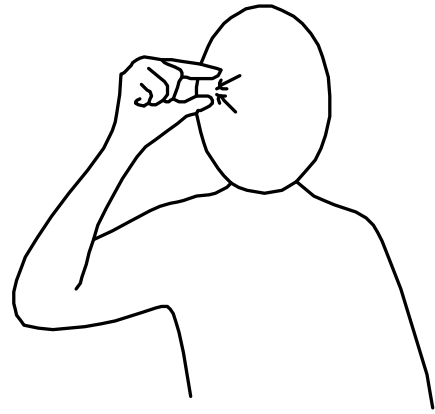
+

Right hand twists
forward indicating
shape of fruit

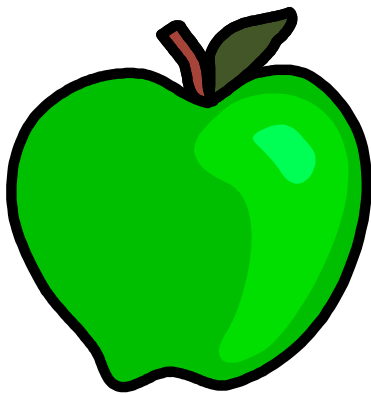
kiwi



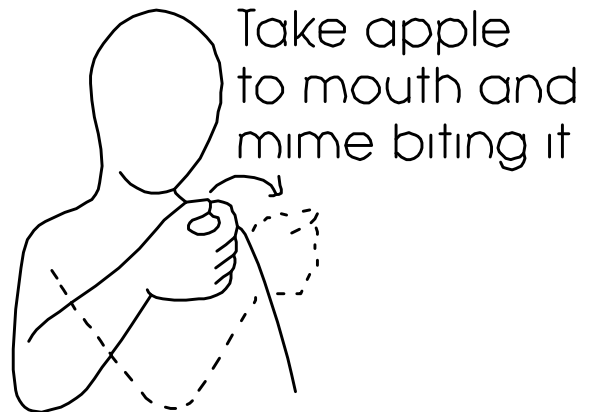
carrot



carrot

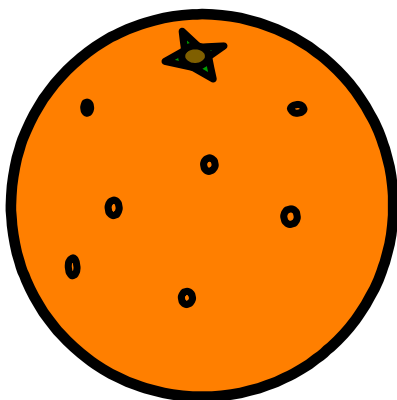


apple

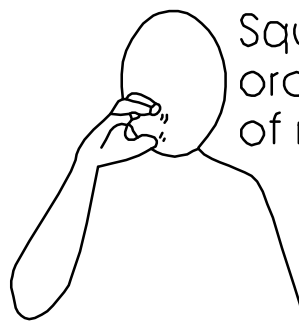


Take apple
to mouth and
mime biting it

apple

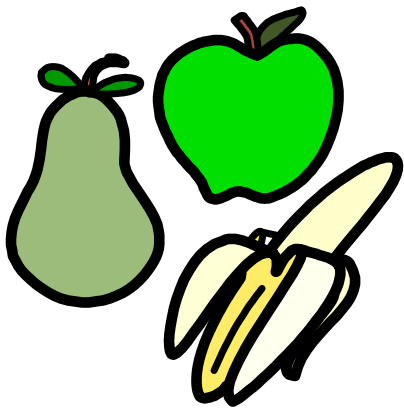


orange

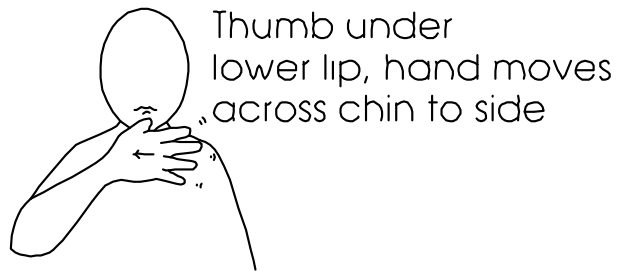


Squeeze
orange at corner
of mouth

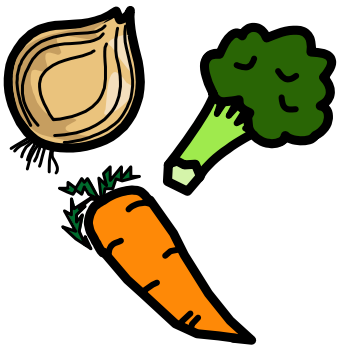
orange



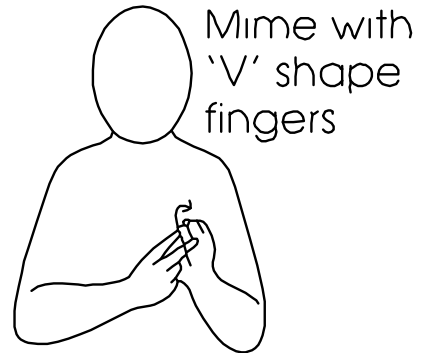
fruit



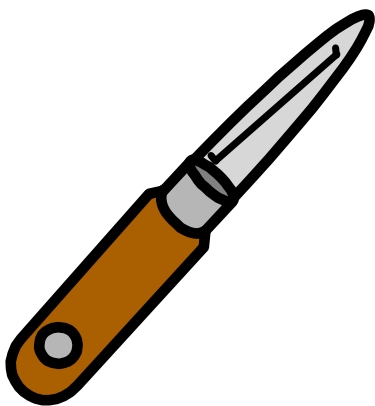
fruit



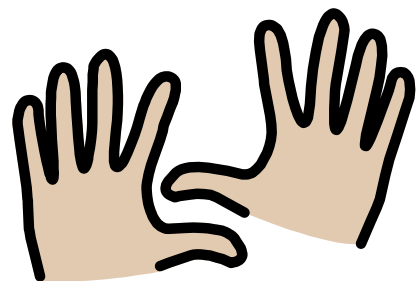
vegetables



vegetables



peeler



hands